

## PsiCovid

**INVENTORS:** Institut d'Investigació Sanitària de les Illes Balears; Universitat de les Illes Balears; Hospital Miguel Servet

### HIGHLIGHTS

- ✓ Presents various psychological aids for health workers

### TECH STATUS

- ✓ TRL9
- ✓ Intellectual property

### *Background and Technology*

During the COVID-19 pandemic, many health workers needed psychological help when unfortunately there was none. This is why this innovative group designed an application capable of providing this psychological help to the health workers with various mindfulness activities, trainings...

### *Applications*

The main objective of this application is to provide healthcare workers with a tool during the COVID-19 pandemic to help them de-stress and mentally strengthen themselves due to the hard work they did during that time.

### *Technology status*

#### **Intellectual property**

**Title:** PsiCovid

#### **Collaboration between three applicants:**

Institut d'Investigació Sanitària de les Illes Balears, Universitat de les Illes Balears and Hospital Miguel Servet

### *Market Opportunity*

This application is already available for free download on the main mobile platforms (IOS and Android).